



Membership Agreement

<u>Full Name:</u>		<u>Date of Birth:</u>		<u>Age:</u>	
<u>Address:</u>		<u>City:</u>		<u>State:</u>	
<u>Phone #:</u>		<u>Gender:</u>		<u>Assets Fit Woodland or Pioneer</u>	
<u>Emergency Contact Name:</u>		<u>Emergency Contact Phone #:</u>			

Waiver and Release of Liability

I hereby acknowledge that use of the Lord's Gym facilities will necessarily require physical and mental dedication and exertion, and hereby assume the risk of any injury or damage to person or property resulting from, in connection with, the use by me, my guest of the facilities or equipment provided by, or by our presence upon the premises of, the Lord's Gym. Accordingly, I do hereby release and discharge the Lord's Gym, it's owners, agents, officers, employees, representatives and insurers, and agree to defend indemnify and hold them harmless of and from any claim, demand, action or cause of action for injury, damage or loss to person or property asserted by or accruing in favor of me or any of my guests.

<u>Members Signature:</u>		<u>Date:</u>			
<u>Parent/Guardian Signature:</u>		<u>Date:</u>			
<u>Staff Signature:</u>		<u>Date:</u>		<u>CHECK ID:</u>	
				<u>EXP DATE:</u>	

Lord's Gym Woodland

THE LORD'S GYM SPORTS CENTER IS A NON-PROFIT ORGANIZATION. WE RESERVE THE RIGHT TO REQUIRE THAT ALL MEMBERS FULLY ABIDE BY THE POLICIES AND GUIDELINES LISTED BELOW. FAILURE TO DO SO MAY RESULT IN MEMBERSHIP TERMINATION.

***Lord's Gym members must be at least 13 years of age to use gym equipment.**

LANGUAGE AND CONDUCT

While on the Lord's Gym facility or grounds, inappropriate conduct will not be tolerated. Such conduct includes, without limitation, using loud, abusive, offensive, insulting, demeaning language or profanity, or any conduct that harasses or is bothersome to members or Lord's Gym employees.

PROHIBITED ITEMS AND ACTIVITIES

No Alcohol, Drugs, or Foul Language at any time.

You cannot use the facilities or engage in any activity at the Lord's Gym while under the influence of alcohol, drugs, or medication that alters your behavior in a way that is inappropriate.

SMOKING

For the health and safety of our members, smoking is not permitted in the Lord's Gym facilities, or in any of the immediate areas outside the facility.

DRESS CODE

In order to maintain the family atmosphere desired at the Lord's Gym, a modest dress code will be enforced at all times.

What to wear: The general guidelines include: clean gym shorts, work out pants, (no jeans), T-shirts, jogging shorts, aerobic and sweat outfits are acceptable. Tank tops are acceptable if they have a wide shoulder strap and are not low cut.

What not to wear: Half shirts/sports bras, low cut shirts or spaghetti straps, mesh shirts, spandex and form fitting clothing, extra short shorts and low cut pants or shorts that expose stomach/naval area, as well as street shoes are not permitted.

If you come to work out in clothing that is inappropriate according to our guidelines, you may be asked to change your attire or leave for the day.

VIOLATION OF RULES

If any member or guest violates any of the Policies or Rules, the Lord's Gym will ask that Person to stop or leave. A violation may also cause the Lord's Gym to terminate the violator's membership according to our Policies and Guidelines.

X

Member: